

## HAND EXERCISE DEVICE

### ABSTRACT OF THE DISCLOSURE

The present invention provides a device for generating callused skin on  
5 a fingertip of a user while simultaneously providing an individual finger and  
overall hand exerciser. The device forms an exposed upper surface area  
having a raised ridge or a series of raised ridges extending the length of the  
upper surface area. Grooves transect each ridge, forming a crest extending  
perpendicular to the length of the ridge. A series of grooves are provided  
10 along the length of the raised ridge and the overall upper surface area  
simulates a string of a stringed instrument.